



# 2016 Men's Outdoor Season Report



Date	Opponent	Location	Time/Results
March 18-19	Wake Forest Invitational	Winston-Salem, N.C.	NTS
March 25-26	Raleigh Relays	Raleigh, N.C.	NTS
April 1-2	Florida Relays	Gainesville, N.C.	NTS
April 1-2	VertKlasse Meet	High Point, N.C.	NTS
<b>April 8</b>	<b>App State Outdoor Open</b>	<b>Boone, N.C.</b>	<b>Cancelled</b>
April 15-16	Charlotte Open	Charlotte, N.C.	NTS
April 22-23	Auburn Invitational	Auburn, Ala.	NTS
<b>April 30</b>	<b>Mountaineer Outdoor Open</b>	<b>Boone, N.C.</b>	<b>NTS</b>
<b>May 7</b>	<b>Appalachian Outdoor Open</b>	<b>Boone, N.C.</b>	<b>NTS</b>
May 13-15	Sun Belt Outdoor Championships	Lafayette, La.	6th/9

## SEASON BEST PERFORMANCES

### 100m

**Sun Belt Record:**

**App State Record:** 10.18, Ernest Wiggins, 2004

Time	Name	Meet
10.46	Will Buckley	Sun Belt Championships
10.67	Marshall McRae	Sun Belt Championships
10.91	Antonio Marciano, Jr.	Sun Belt Championships
11.07	Eric Price	Raleigh Relays

### 200m

**Sun Belt Record:**

**App State Record:** 20.73, Dennis Moore, 2011

Time	Name	Meet
21.48	Will Buckley	Sun Belt Championships
21.60	Marshall McRae	Sun Belt Championships
21.82	Antonio Marciano, Jr.	Sun Belt Championships
22.63	Trey Edgerton	VertKlasse Meeting
22.68	Eric Price	Sun Belt Championships
22.78	Garrett Hammonds	Mountaineer Open

### 400m

**Sun Belt Record:**

**App State Record:** 46.00, Lafette Jordan, 1979

Time	Name	Meet
48.28	Ryan Hastings	Charlotte Invite
49.47	Garrett Hammonds	Mountaineer Open
49.49	Peter Ovendorf	Charlotte Invite
49.94	Trey Edgerton	Wake Forest Open

### 800m

**Sun Belt Record:**

**App State Record:** 1:49.80, Alex Taylor, 2012

Time	Name	Meet
1:50.79	Ryan Hastings	War Eagle Invite
1:54.02	Peter Ovendorf	War Eagle Invite
1:54.03	Andrew Harris	Appalachian Open
1:56.04	Will Henderson	Charlotte Invite
1:56.43	Evan Georges	Charlotte Invite

### 1,500m Run

**Sun Belt Record:**

**App State Record:** 3:42.29, Alex Taylor, 2012

Mark	Name	Meet
3:54.01	Evan Georges	Charlotte Invite
3:54.52	Michael Ellis	Charlotte Invite
3:56.38	Jacob Sears	Charlotte Invite
3:58.00	Will Henderson	War Eagle Invite
4:00.44	Chris Anderson	Mountaineer Open
4:02.18	Evan Laratta	Charlotte Invite

### 3,000m

**Sun Belt Record:**

**App State Record:** 8:28.70, Anthony Famiglietti, 1998

Mark	Name	Meet
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### 5,000m

**Sun Belt Record:**

**App State Record:** 14:19.97, Joe Halin, 2005

Mark	Name	Meet
14:43.13	Chris Anderson	Charlotte Invite
14:30.28	Michael Ellis	Raleigh Relays
14:58.66	Andrew Vandenburg	Charlotte Invite
15:15.91	Evan Laratta	Wake Forest Open
15:16.56	Ryan Shannon	VertKlasse Meeting

### 10,000m Run

**Sun Belt Record:**

**App State Record:** 29:52.10, Carlton Law, 1984

Mark	Name	Meet
30:56.94	Andrew Vandenburg	Raleigh Relays
31:36.77	Chris Anderson	Raleigh Relays

# SEASON BEST PERFORMANCES

## 3,000m Steeplechase

**Sun Belt Record:**

**App State Record:** 8:51.40, Chris Huffstickler, 1996

Mark	Name	Meet
9:07.44	Jacob Sears	War Eagle Invite
9:08.61	Michael Ellis	War Eagle Invite
9:35.73	Ryan Shannon	Charlotte Invite
9:38.64	Evan Laratta	Mountaineer Open

## 110m Hurdles

**Sun Belt Record:**

**App State Record:** 13.63, Charles Derrickson, 2007

Mark	Name	Meet
14.04	Stanley Broaden	Sun Belt Championships
14.63	Andrew Spear	Appalachian Open
15.17	Brandon Smith	Charlotte Invite

## 400m Hurdles

**Sun Belt Record:**

**App State Record:** 50.46, Tommy Robbins, 1986

Mark	Name	Meet
50.67	Stanley Broaden	Sun Belt Championships
53.94	Andrew Spear	Raleigh Relays
53.76	Brandon Smith	Florida Relays

## Long Jump

**Sun Belt Record:**

**App State Record:** 25-3, Michael Hanks, 1987

Mark	Name	Meet
21-1.25	Isaiah Relliford	Sun Belt Championships

## Triple Jump

**Sun Belt Record:**

**App State Record:** 54-8.5, Warren Posey, 1988

Mark	Name	Meet
47-1	Isaiah Relliford	Sun Belt Championships

## High Jump

**SoCon Record:**

**App State Record:** 7-3.25, Darius Purcell, 2012

Mark	Name	Meet
6-5	Nick Hinton	Mountaineer Open
6-5	Xzavier Robinson	Mountaineer Open
6-3.5	Cole Finch	War Eagle Invite

## Pole Vault

**Sun Belt Record:**

**App State Record:** 17-5.25, Todd Poremba, 1998

Mark	Name	Meet
16-9.25	Phillip Thomas	Sun Belt Championships
15-9.25	Tristian Shaver	Sun Belt Championships
15-1.75	Matt Layne	VertKlasse Meeting
15-1.5	Michael Utecht	Appalachian Open
14-7.5	Patrick Quinn	Raleigh Relays

## Shot Put

**Sun Belt Record:**

**App State Record:** 63-1.5, Anthony Greer, 2007

Mark	Name	Meet
56-6	Nathan Milch	Sun Belt Championships
54-9.25	Ellsworth Parham	Appalachian Open
51-7.75	John Leonard	Appalachian Open

## Discus

**Sun Belt Record:**

**App State Record:** 173-6, Mike Brooks, 1984

Mark	Name	Meet
157-2	Ellsworth Parham	Mountaineer Open
151-4	Nathan Milch	Mountaineer Open
149-10	Mason Lasater	VertKlasse Meeting
128-10	John Leonard	Appalachian Open

## Javelin

**Sun Belt Record:**

**App State Record:** 218-7, Rob Grant, 1991

Mark	Name	Meet
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## Hammer Throw

**Sun Belt Record:**

**App State Record:** 204-6, Rich Grant, 1995

Mark	Name	Meet
175-11	Nathan Milch	Mountaineer Open
155-6	Mason Lasater	Mountaineer Open
150-9.00	John Leonard	Wake Forest Open

## 4x100m Relay

**App State Record:** 39.70, Moore, Thomas, Dohanich, Powell, 2012

Time	Name	Meet
40.79	Antonio Marcano, Jr. Will Buckley Eric Price Marshall McRae	Charlotte Invite

## 4x200m Relay

**App State Record:** 1:24.62, Green, Wiggins, McLeod, Jackson

Time	Name	Meet
1:28.00	Antonio Marcano, Jr. Trey Edgerton Eric Price Marshall McRae	Raleigh Relays

# SEASON BEST PERFORMANCES

## ***4x400m Relay***

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**Sun Belt Record:**

**App State Record:** 3:10.29, Evans, McCollum, Littlejohn, Pitts, 1985

<b>Time</b>	<b>Name</b>	<b>Meet</b>
3:14.19	Peter Ovendorf Brandon Smith Stanley Broaden Ryan Hastings	War Eagle Invite
3:16.68	Broaden Hastings Spear Smith	Sun Belt Championships
3:19.98	Peter Ovendorf Trey Edgerton Stanley Broaden Ryan Hastings	Raleigh Relays
3:26.15	Trey Edgerton Ryan Hastings Stanley Broaden Peter Ovendorf	Wake Forest Open
3:32.17	Brandon Smith Will Buckley Andrew Harris Andrew Spear	Wake Forest Open

## ***4x800m Relay***

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**Sun Belt Record:**

**App State Record:** 7:29.50, Goewey, Jones, Goewey, Dingle, 1984

<b>Time</b>	<b>Name</b>	<b>Meet</b>
7:36.80	Peter Ovendorf Andrew Harris Ryan Hastings Will Henderson	Raleigh Relays

## ***Distance Medley***

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**Sun Belt Record:**

**App State Record:** 9:55.69, Taylor, Powell, Rojas, Moen, 2012

<b>Time</b>	<b>Name</b>	<b>Meet</b>
10:08.07	Michael Ellis Jacob Sears Evan Georges Trey Edgerton	Florida Relays

## ***Sprint Medley Relay***

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**Sun Belt Record:**

**App State Record:** 1:33.56, Jones, Svoboda, Neal, Cherry, 2006

<b>Time</b>	<b>Name</b>	<b>Meet</b>
3:23.44	Marshall McRae Will Buckley Andrew Harris Ryan Hastings	Florida Relays
3:26.72	Andrew Spear Brandon Smith Ryan Hastings Andrew Harris	Raleigh Relays

# MEET RESULTS

## Wake Forest Open March 18-19, 2016 Kentner Stadium Wake Forest University Winston-Salem, N.C.

### NTS

#### Individual Mountaineer Results

**100-Meter Dash** – 4. Will Buckley, 10.56; 7. Marshall McRae, 10.70  
**200-Meter Dash** – 14. Trey Edgerton, 22.70  
**400-Meter Dash** – 22. Trey Edgerton, 49.94  
**800-Meter Run** – 4. Ryan Hastings, 1:55.66; 5. Andrew Harris, 1:55.72; 16. Peter Ovendorf, 1:57.92; 38. Evan Georges, 2:01.53  
**1,500-Meter Run** – 8. Evan Georges, 3:56.57  
**5,000-Meter Run** – 19. Evan Laratta, 15:15.91  
**110-Meter Hurdles** – 7. Stanley Broaden, 14.59  
**400-Meter Hurdles** – 1. Stanley Broaden, 52.43; 9. Brandon Smith, 55.40; 13. Andrew Spear, 56.82  
**High Jump** – 6. Nick Hinton, 6-1.50  
**Pole Vault** – 5. Phillip Thomas, 15-10.50  
**Shot Put** – 6. Nathan Milch, 55-7.00; 11. Ellsworth Parham, 50-9.50; 13. John Leonard, 49-7.25  
**Discus Throw** – 8. Nathan Milch, 150-3.00; 22. Mason Lasater, 130-6.00; 28. Ellsworth Parham, 128-8.00  
**Hammer Throw** – 9. Nathan Milch, 169-2.00; 18. John Leonard, 150-9.00  
**4x100-Meter Relay** – 3. Antonio Marciano, Jr., Will Buckley, Eric Price, Marshall McRae, 42.15  
**4x400-Meter-Relay** – 3. Trey Edgerton, Ryan Hastings, Stanley Broaden, Peter Ovendorf, 3:26.15; 9. Brandon Smith, Will Buckley, Andrew Harris, Andrew Spear, 3:32.17

## Raleigh Relays March 25-26, 2016 Paul Derr Track NC State University Raleigh, N.C.

### NTS

#### Individual Mountaineer Results

**100-Meter Dash** – Marshall McRae, 10.68; Antonio Marciano, Jr., 11.00; Eric Price, 11.07  
**400-Meter Dash** – 76. Trey Edgerton, 51.01  
**1,500-Meter Run** – 54. Evan Georges, 3:57.75  
**5,000-Meter Run** – 42. Michael Ellis, 14:30.28  
**10,000-Meter Run** – 52. Andrew Vandenburg, 30:56.94; 65. Chris Anderson, 31:36.77  
**110-Meter Hurdles** – Stanley Broaden, 14.45; Brandon Smith, 14.38; Andrew Spear, 15.75  
**400-Meter Hurdles** – 3. Stanley Broaden, 52.38; 17. Andrew Spear, 53.94; 18. Brandon Smith, 53.96  
**High Jump** – 8. Cole Finch, 6-2.75  
**Pole Vault** – 3. Michael Utecht, 15-1; 5. Patrick Quinn, 14-3.75  
**Shot Put** – 8. Ellsworth Parham, 52-8; 11. Nathan Milch, 52-1.75; 15. John Leonard, 51-1.5  
**Discus Throw** – 16. Nathan Milch, 130-11  
**Hammer Throw** – 15. Nathan Milch, 165-7  
**4x200-Meter Relay** – 12. Antonio, Marciano, Jr., Trey Edgerton, Eric Price, Marshall McRae, 1:28.00  
**4x400-Meter Relay** – 16. Peter Ovendorf, Trey Edgerton, Stanley Broaden, Ryan Hastings, 3:19.98  
**4x800-Meter Relay** – 1. Peter Ovendorf, Andrew Harris, Ryan Hastings, Will Henderson, 7:36.80  
**1,600 Sprint Medley** – 4. Andrew Spear, Brandon Smith, Ryan Hastings, Andrew Harris, 3:26.72

## VertKlasse Meeting April 1-2, 2016 Dick Vert Stadium High Point University High Point, N.C.

### NTS

#### Individual Mountaineer Results

**200-Meter Dash** – 32. Trey Edgerton, 22.63; 49. Garrett Hammonds, 23.02  
**400-Meter Dash** – 21. Trey Edgerton, 51.10; 48. Garrett Hammonds, 52.97  
**800-Meter Run** – 10. Andrew Harris, 1:55.71; 14. Peter Ovendorf, 1:56.35  
**1,500-Meter Run** – 4. Will Henderson, 3:58.85  
**5,000-Meter Run** – 13. Ryan Shannon, 15:16.56; 21. Evan Laratta, 15:38.55  
**110-Meter Hurdles** – 8. Andrew Spear, 15.46  
**400-Meter Hurdles** – 3. Stanley Broaden, 52.38; 17. Andrew Spear, 53.94; 18. Brandon Smith, 53.96  
**High Jump** – 4. Nick Hinton, 6-4.25; 5. Cole Finch, 6-2.25  
**Pole Vault** – 6. Phillip Thomas, 15-7.75; 2. Matt Layne, 15-1.75; 6. Patrick Quinn, 14-2  
**Discus Throw** – 14. Mason Lasater, 149-10

# MEET RESULT S

## Florida Relays April 1-2, 2016 Percy Beard Track University of Florida Gainesville, Fla.

### NTS

#### Individual Mountaineer Results

**100-Meter Dash** – 50. Marshall McRae, 10.69  
**800-Meter Run** – 35. Ryan Hastings, 1:51.32  
**1,500-Meter Run** – 44. Evan Georges, 3:54.89  
**110-Meter Hurdles** – 35. Stanley Broaden, 14.32  
**400-Meter Hurdles** – 7. Stanley Broaden, 51.56;  
32. Brandon Smith, 53.76  
**3,000-Meter Steeplechase** – 12. Michael Ellis, 9:09.95  
**4x100-Meter Relay** – 36. Marcano, Jr., Buckley, Price, McRae,  
41.73  
**1,600 Sprint Medley** – 4. McRae, Buckley, Harris, Hastings,  
3:23.44  
**Distance Medley Relay** – Ellis, Sears, Georges, Edgerton, 10:08.07  
**Shot Put** – 6. Nathan Milch, 54-9.25; 22. John Leonard, 49-7.75  
**Discus Throw** – 14. Mason Lasater, 149-10

## Charlotte Invitational April 15-16, 2016 Irwin Belk Track and Field Center University of Charlotte Charlotte, N.C.

### NTS

#### Individual Mountaineer Results

**100-Meter Dash** – 4. Will Buckley, 10.60; 6. Marshall McRae, 10.69;  
13. Antonio Marcano, Jr., 10.94; 18. Eric Price, 11.10  
**200-Meter Dash** – 6. Will Buckley, 21.82; 11. Antonio Marcano, Jr.,  
21.98; 15. Marshall McRae, 22.21; 22. Eric Price, 22.71  
**400-Meter Dash** – 4. Ryan Hastings, 48.28; 14. Peter Ovendorf,  
49.49  
**800-Meter Run** – 4. Will Henderson, 1:56.04; 7. Evan Georges,  
1:56.43  
**1,500-Meter Run** – 9. Evan Georges, 3:54.01; 10. Michael Ellis,  
3:54.52; 13. Jacob Sears, 3:56.38; 20. Evan Laratta, 4:02.18  
**5,000-Meter Run** – 1. Chris Anderson, 14:43.13; 3. Andrew  
Vandenburg, 14:58.66  
**110-Meter Hurdles** – 1. Stanley Broaden, 14.22; 14. Brandon  
Smith, 15.17; 16. Andrew Spear, 15.23  
**400-Meter Hurdles** – 1. Stanley Broaden, 51.37; 8. Brandon  
Smith, 54.10; 9. Andrew Spear, 54.62  
**3,000-Meter Steeplechase** – 3. Ryan Shannon, 9:35.73  
**4x100-Meter Relay** – 1. Price, Buckley, Marcano Jr., McRae, 40.79  
**4x400-Meter Relay** – 1. Ovendorf, Smith, Broaden, Hastings,  
3:14.69  
**High Jump** – 6. Nick Hinton, 6-0.75  
**Pole Vault** – 2. Phillip Thomas, 15-11; 5. Tristian Shaver, 14-11; 5.  
Matt Layne, 14-11  
**Triple Jump** – 4. Isaiah Relliford, 47-0.25  
**Shot Put** – 3. Nathan Milch, 53-8.5; 4. Ellsworth Parham, 52-2.75;  
10. John Leonard, 50-8  
**Discus** – 12. Nathan Milch, 147-11; 14. Ellsworth Parham, 141-10;  
15. Mason Lasater, 139-8  
**Hammer Throw** – 7. Nathan Milch, 161-3

## War Eagle Invitational April 22-23, 2016 Hutsell-Rosen Track Auburn University Auburn, Ala.

### NTS

#### Individual Mountaineer Results

**100-Meter Dash** – NP. Marshall McRae, 10.77; NP. Eric Price, 11.22  
**200-Meter Dash** – 24. Antonio Marcano, Jr., 22.10  
**800-Meter Run** – 3. Ryan Hastings, 1:50.79; 8. Peter Ovendorf,  
1:54.02  
**1,500-Meter Run** – 1. Will Henderson, 3:58.00; 5. Evan Georges,  
3:59.93; 9. Evan Laratta, 4:05.34  
**110-Meter Hurdles** – 8. Stanley Broaden, 14.29; 19. Andrew  
Spear, 14.97; 24. Brandon Smith, 15.55  
**400-Meter Hurdles** – 2. Stanley Broaden, 51.86; 7. Brandon  
Smith, 53.85; 8. Andrew Spear, 54.04  
**3,000-Meter Steeplechase** – 3. Jacob Sears, 9:07.44; 4. Michael  
Ellis, 9:08.61  
**4x100-Meter Relay** – 5. Price, Buckley, Marcano Jr., McRae, 41.08  
**4x400-Meter Relay** – 1. Ovendorf, Smith, Broaden, Hastings,  
3:14.19  
**High Jump** – 12. Cole Finch, 6-3.5  
**Pole Vault** – 3. Phillip Thomas, 16-6.75; 9. Tristian Shaver, 15-1; 9.  
Matt Layne, 15-1  
**Shot Put** – 9. John Leonard, 48-2.75

# MEET RESULT S

**Mountaineer Open**  
**April 30, 2016**  
**Kidd Brewer Stadium**  
**Appalachian State University**  
**Boone, N.C.**

NTS

## Individual Mountaineer Results

**100-Meter Dash** – 1. Will Buckley, 10.62; 2. Marshall McRae, 10.76  
**200-Meter Dash** – 2. Will Buckley, 21.54; 6. Marshall McRae, 22.09; 9. Antonio Marciano, Jr., 22.41; 12. Garrett Hammonds, 22.78; 15. Eric Price, 22.99  
**400-Meter Dash** – 4. Garrett Hammonds, 49.47  
**800-Meter Run** – 2. Ryan Hastings, 1:51.32; 5. Peter Ovendorf, 1:54.56  
**1,500-Meter Run** – 3. Evan Georges, 3:57.86; 4. Chris Anderson, 4:00.44; 8. Will Henderson, 4:08.52  
**110-Meter Hurdles** – 1. Stanley Broaden, 14.17  
**400-Meter Hurdles** – 1. Stanley Broaden, 51.61; 3. Brandon Smith, 54.59  
**3,000-Meter Steeplechase** – 1. Ryan Shannon, 9:37.58; 2. Evan Laratta, 9:38.64  
**4x100-Meter Relay** – 1. McRae, Marciano, Jr., Price, Buckley, 40.81  
**High Jump** – 2. Nick Hinton, 6-5; 2. Xzavier Robinson, 6-5; 8. Cole Finch, 6-1.25  
**Pole Vault** – 4. Tristian Shaver, 15-5; 6. Matt Layne, 15-1; 6. Michael Utecht, 15-1; 11. Patrick Quinn, 13-7.25  
**Triple Jump** – 4. Isaiah Relliford, 46-11.75  
**Shot Put** – 2. Ellsworth Parham, 54-6; 3. Nathan Milch, 53-11; 5. John Leonard, 51-0.25  
**Discus** – 2. Ellsworth Parham, 157-2; 5. Nathan Milch, 151-4  
**Hammer Throw** – 2. Nathan Milch, 175-11; 4. Mason Lasater, 155-6

**Hokie Twilight Qualifier**  
**May 5, 2016**  
**Johnson-Miller Track Complex**  
**Virginia Tech University**  
**Blacksburg, Va.**

NTS

## Individual Mountaineer Results

**3,000-meter steeplechase** – 1. Michael Ellis, 9:21.50; 2. Jacob Sears, 9:24.98

**Appalachian Open**  
**May 7, 2016**  
**Kidd Brewer Stadium**  
**Appalachian State University**  
**Boone, N.C.**

NTS

## Individual Mountaineer Results

**400-Meter Dash** – 3. Garrett Hammonds, 50.97  
**800-Meter Run** – 4. Andrew Harris, 1:54.03  
**110-Meter Hurdles** – 1. Andrew Spear, 14.63  
**High Jump** – 1. Nick Hinton, 6-2; 2. Cole Finch, 6-2; 4. Xzavier Robinson, 6-0  
**Pole Vault** – 3. Michael Utecht, 15-1.5; 4. Patrick Quinn, 14-7.5  
**Shot Put** – 2. Ellsworth Parham, 54-9.25; 3. Nathan Milch, 52-10.75; 4. John Leonard, 51-7.75  
**Discus** – 2. Ellsworth Parham, 154-5; 3. Nathan Milch, 149-11; 5. John Leonard, 128-10

## 2016 Sun Belt Championships

**May 13-15, 2016**

**University of Louisiana-Lafayette**  
**Lafayette, La.**

NTS

## Individual Mountaineer Results

**100-Meter Dash** – 5. Will Buckley, 10.46; NP. Marshall McRae, 10.67; NP. Antonio Marciano Jr., 10.91; NP. Russell Price, 11.12  
**200-Meter Dash (Prelims)** – 13. Will Buckley, 21.48; 19. Marshall McRae, 21.60; 21. Antonio Marciano Jr., 21.82, 26. Russell Price, 22.68  
**800-Meter Run** – 3. Ryan Hastings, 1:51.21; NP. Andrew Harris, 1:45.97; NP. Peter Ovendorf, 1:57.32; NP. Evan Georges, 1:58.86  
**1,500-Meter Run** – 5. Evan Georges, 3:57.58; 9. Jacob Sears, 3:59.30; 21. Evan Laratta, 4:08.98  
**5,000-Meter Run** – 1. Michael Ellis, 14:35.47; 9. Chris Anderson, 15:12.52; 10. Andrew Vandenberg, 15:16.45; 11. Ryan Shannon, 15:23.25  
**10,000-Meter Run** – 9. Andrew Vandenberg, 31:54.37; 11. Chris Anderson, 32:15.43  
**110-Meter Hurdles** – 2. Stanley Broaden, 14.04; NP. Andrew Spear, 15.07  
**400-Meter Hurdles** – 1. Stanley Broaden, 50.67; 8. Brandon Smith, 54.44, NP. Andrew Spear, 54.31  
**3,000-Meter Steeplechase** – 3. Jacob Sears, 9:14.04; 9. Ryan Shannon, 9:40.22; 10. Evan Laratta, 9:42.22  
**4x100-Meter Relay** – 6. Price, Marciano Jr., Buckley, McRae, 40.86  
**4x400-Meter Relay** – 5. Broaden, Hastings, Spear, Smith, 3:16.68  
**High Jump** – 11. Nick Hinton, 6-3.5; 15. Cole Finch, 6-1.5; 16. Xzavier Robinson, 6-1.5  
**Pole Vault** – 3. Phillip Thomas, 16-9.25; 11. Tristian Shaver, 15-9.25  
**Long Jump** – 16. Isaiah Relliford, 21-1.25  
**Triple Jump** – 9. Isaiah Relliford, 47-1  
**Shot Put** – 3. Nathan Milch, 56-6; 11. John Leonard, 51-3  
**Discus** – 15. Nathan Milch, 144-7  
**Hammer Throw** – 14. Nathan Milch, 163-8

# INDIVIDUAL PERFORMANCE LIST

## Symbol Key

**na** - ncaa automatic qualifying time/mark  
**p** - preliminary mark  
**f** - final mark  
**pr** - personal record  
**mr** - meet record  
**sr** - school record  
**cr** - SoCon record  
**hep** - mark earned during heptathlon competition

### CHRIS ANDERSON -- SR -- GREENSBORO, N.C.

#### 10,000 meters (31:36.77)

31:36.77 Raleigh Relays .....65th  
 32:15.43 Sun Belt Championships.....11th

#### 5,000 meters (14:43.13)

14:43.13 Charlotte Invite..... 1st  
 15:12.52 Sun Belt Championships..... 9th

#### 1,500 meters (4:00.44)

4:00.44 Mountaineer Open.....4th

### STANLEY BROADEN -- GR -- WILMINGTON, N.C.

#### 110 hurdles (14.04)

14.59 Wake Forest Open ..... 7th  
 14.45 Raleigh Relays ..... NP  
 14.32 Florida Relays .....35th  
 14.22 Charlotte Invite..... 1st  
 14.29 War Eagle Invite..... 8th  
 14.17 Mountaineer Open..... 1st  
 14.04 Sun Belt Championships.....2nd

#### 400 hurdles (50.67)

52.43 Wake Forest Open ..... 1st  
 52.38 Raleigh Relays ..... 3rd  
 51.56 Florida Relays ..... 7th  
 51.37 Charlotte Invite..... 1st  
 51.86 War Eagle Invite..... 2nd  
 51.61 Mountaineer Open..... 1st  
 50.67 Sun Belt Championships..... 1st

### WILLIAM BUCKLEY-- JR -- DURHAM, N.C.

#### 100 meters (10.46)

10.56 Wake Forest Open ..... 4th  
 10.60 Charlotte Invite.....4th  
 10.62 Mountaineer Open..... 1st  
 10.46 Sun Belt Championships.....5th

#### 200 meters (21.48)

21.82 Charlotte Invite..... 6th  
 21.54 Mountaineer Open..... 1st  
 21.48 Sun Belt Championships..... NP

### TREY EDGERTON -- GR -- KINGS MOUNTAIN, N.C.

#### 200 meters (22.63)

22.70 Wake Forest Open .....14th  
 22.63 Florida Relays .....32nd

#### 400 meters (49.94)

49.94 Wake Forest Open .....22nd  
 51.01 Raleigh Relays .....76th

### MICHAEL ELLIS -- SR -- WINSTON-SALEM, N.C.

#### 5,000 meters (14:30.28)

14:30.28 Raleigh Relays .....42nd  
 14:35.47 Sun Belt Championships..... 1st

#### 3,000 meter steeplechase (9:08.61)

9:09.95 Florida Relays ..... 12th  
 9:08.61 War Eagle Invite..... 4th  
 9:21.50 Hokie Twilight Qualifier ..... 1st

#### 1,500 meters (3:54.52)

3:54.52 Charlotte Invite.....10th

### COLE FINCH -- SR -- MATTHEWS, N.C.

#### High Jump (6-3.5)

6-2.75 Raleigh Relays ..... 8th  
 6-2.25 Florida Relays ..... 5th  
 6-3.5 War Eagle Invite..... 12th  
 6-1.25 Mountaineer Open..... 8th  
 6-2 Appalachian Open ..... 2nd  
 6-1.5 Sun Belt Championships..... 15th

### EVAN GEORGES -- SO -- CHARLOTTE, N.C.

#### 800 meters (1:56.43)

2:01.53 Wake Forest Open .....38th  
 1:56.43 Charlotte Invite..... 7th  
 1:58.86 Sun Belt Championships..... NP

#### 1,500 meters (3:54.01)

3:56.57 Wake Forest Open ..... 8th  
 3:57.75 Raleigh Relays .....54th  
 3:54.89 Florida Relays .....44th  
 3:54.01 Charlotte Invite..... 9th  
 3:59.93 War Eagle Invite..... 5th  
 3:57.86 Mountaineer Open..... 3rd  
 3:57.58 Sun Belt Championships..... 5th

### GARRETT HAMMONDS -- FR -- PEMBROKE, N.C.

#### 200 meters (22.78)

23.02 Florida Relays .....49th  
 22.78 Mountaineer Open.....12th

#### 400 meters (49.47)

52.97 Florida Relays .....48th  
 49.47 Mountaineer Open..... 4th  
 50.97 Appalachian Open ..... 3rd

### ANDREW HARRIS -- GR -- LEXINGTON, S.C.

#### 800 meters (1:54.03)

1:55.71 Florida Relays .....10th  
 1:54.03 Appalachian Open ..... 4th  
 1:54.97 Sun Belt Championships..... NP

# INDIVIDUAL PERFORMANCE LIST

## RYAN HASTINGS -- SO -- MATTHEWS, N.C.

### 800 meters (1:50.79)

1:55.66	Wake Forest Open .....	4th
1:51.32	Florida Relays .....	35th
1:50.79	War Eagle Invite.....	3rd
1:51.32	Mountaineer Open.....	2nd
1:51.21	Sun Belt Championships.....	3rd

### 400 meters (48.28)

48.28	Charlotte Invite.....	4th
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## WILL HENDERSON -- SO -- LILBURN, GA.

### 1,500 meters (3:58.00)

3:58.85	Florida Relays .....	4th
3:58.00	War Eagle Invite.....	1st
4:08.52	Mountaineer Open.....	8th

### 800 meters (1:56.04)

1:56.04	Charlotte Invite.....	4th
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## NICK HINTON -- SO -- NEW LENOX, ILL.

### High Jump (6-4.25)

6-1.50	Wake Forest Open .....	6th
6-4.25	Florida Relays .....	4th
6-0.75	Charlotte Invite.....	6th
6-5	Mountaineer Open.....	2nd
6-2	Appalachian Open .....	1st
6-3.5	Sun Belt Championships.....	11th

## EVAN LARATTA-- JR -- ANGIERS, N.C.

### 5,000 meters (15:15.91)

15:15.91	Wake Forest Open .....	19th
15:38.55	Florida Relays .....	21st

### 1,500 meters (4:02.18)

4:02.18	Charlotte Invite.....	20th
4:05.34	War Eagle Invite.....	9th
4:08.98	Sun Belt Championships.....	21st

### 3,000-meter steeplechase (9:38.64)

9:38.64	Mountaineer Open.....	2nd
9:42.22	Sun Belt Championships.....	10th

## MATT LAYNE-- JR -- WILKESBORO, N.C.

### Pole Vault (15-1.75)

15-1.75	Florida Relays .....	2nd
14-11	Charlotte Invite.....	5th
15-1	War Eagle Invite.....	9th
15-1	Mountaineer Open.....	6th

## MASON LASATER-- SO -- THE COLONY, TEXAS

### Discus (149-10)

130-6.00	Wake Forest Open .....	22nd
149-10	Florida Relays .....	14th
139-8	Charlotte Invite.....	15th

### Hammer (155-6)

155-6	Mountaineer Open.....	4th
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## JOHN LEONARD -- JR -- FAYETTEVILLE, N.C.

### Shot Put (51-7.75)

49-7.25	Wake Forest Open .....	13th
51-1.5	Raleigh Relays .....	15th
49-7.75	Florida Relays .....	22nd
50-8	Charlotte Invite.....	10th
48-2.75	War Eagle Invite.....	9th
51-0.25	Mountaineer Open.....	5th
51-7.75	Appalachian Open .....	4th
51-3	Sun Belt Championships.....	11th

### Discus (128-10)

128-10	Appalachian Open .....	5th
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### Hammer (150-9.00)

150-9.00	Wake Forest Open .....	18th
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## ANTONIO MARCANO, JR. -- JR -- ST. LOUIS, MO.

### 100 meters (10.91)

11.00	Raleigh Relays .....	NP
10.94	Charlotte Invite.....	13th
10.91	Sun Belt Championships.....	NP

### 200 meters (21.82)

21.98	Charlotte Invite.....	11th
22.10	War Eagle Invite.....	24th
22.41	Mountaineer Open.....	9th
21.82	Sun Belt Championships.....	NP

## MARSHALL MCRAE -- SR -- RED SPRINGS, N.C.

### 100 meters (10.67)

10.68	Raleigh Relays .....	NP
10.69	Florida Relays .....	35th
10.69	Charlotte Invite.....	6th
10.77	War Eagle Invite.....	18th
10.76	Mountaineer Open.....	2nd
10.67	Sun Belt Championships.....	NP

### 200 meters (21.60)

22.21	Charlotte Invite.....	15th
22.09	Mountaineer Open.....	2nd
21.60	Sun Belt Championships.....	NP



# INDIVIDUAL PERFORMANCE LIST

## NATHAN MILCH-- JR -- LONGWOOD, FLA.

### Shot put (56-6)

55-7.00	Wake Forest Open .....	6th
52-1.75	Raleigh Relays .....	11th
54-9.25	Florida Relays .....	6th
53-8.5	Charlotte Invite.....	3rd
53-11	Mountaineer Open.....	3rd
52-10.75	Appalachian Open .....	3rd
56-6	Sun Belt Championships.....	3rd

### Discus (151-4)

150-3.00	Wake Forest Open .....	8th
130-10	Raleigh Relays .....	16th
147-11	Charlotte Invite.....	12th
151-4	Mountaineer Open.....	5th
149-11	Appalachian Open .....	3rd
144-7	Sun Belt Championships.....	15th

### Hammer (175-11)

169-2.00	Wake Forest Open .....	9th
165-7	Raleigh Relays .....	15th
161-3	Charlotte Invite.....	7th
175-11	Mountaineer Open.....	2nd
163-8	Sun Belt Championships.....	14th

## PETER OVERDORF -- SR -- WEDDINGTON, N.C.

### 800 meters (1:57.92)

1:57.92	Wake Forest Open .....	16th
1:56.35	Florida Relays .....	14th
1:54.02	War Eagle Invite.....	8th
1:54.56	Mountaineer Open.....	5th
1:57.32	Sun Belt Championships.....	NP

### 400 meters (49.49)

49.49	Charlotte Invite.....	14th
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## ELLSWORTH PARHAM -- JR -- ASHEVILLE, N.C.

### Shot Put (54-9.25)

50-9.50	Wake Forest Open .....	11th
52-8	Raleigh Relays .....	8th
52-2.75	Charlotte Invite.....	4th
54-6	Mountaineer Open.....	2nd
54-9.25	Appalachian Open .....	2nd

### Discus (157-2)

128-8.00	Wake Forest Open .....	28th
141-10	Charlotte Invite.....	14th
157-2	Mountaineer Open.....	2nd
154-5	Appalachian Open .....	2nd

## RUSSELL PRICE -- FR -- CHARLOTTE, N.C.

### 100 meters (11.07)

11.07	Raleigh Relays .....	NP
11.10	Charlotte Invite.....	18th
11.22	War Eagle Invite.....	31st
11.12	Sun Belt Championships.....	NP

### 200 meters (22.68)

22.71	Charlotte Invite.....	22nd
22.99	Mountaineer Open.....	15th
22.68	Sun Belt Championships.....	NP

## PATRICK QUINN -- SR -- RALEIGH, N.C.

### Pole Vault (14-7.75)

14-3.75	Raleigh Relays .....	5th
14-2	Florida Relays .....	6th
13-7.25	Mountaineer Open.....	11th
14-7.75	Appalachian Open .....	4th

## ISAIAH RELLIFORD -- JR -- JACKSONVILLE, N.C.

### Triple Jump (47-1)

47-0.25	Charlotte Invite.....	4th
46-11.75	Mountaineer Open.....	4th
47-1	Sun Belt Championships.....	9th

### Long Jump (21-1.25)

21-1.25	Sun Belt Championships.....	16th
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## XZAVIER ROBINSON -- FR -- GASTONIA, N.C.

### High Jump (6-5)

6-5	Mountaineer Open.....	2nd
6-0	Appalachian Open .....	4th
6-1.5	Sun Belt Championships.....	16th

## JACOB SEARS

### 1,500 meters (3:56.38)

3:56.38	Charlotte Invite.....	13th
3:59.30	Sun Belt Championships.....	9th

### 3,000 meter steeplechase (9:07.44)

9:07.44	War Eagle Invite.....	3rd
9:24.98	Hokie Twilight Qualifier .....	2nd
9:14.04	Sun Belt Championships.....	3rd

## RYAN SHANNON -- SO -- MAIDEN, N.C.

### 5,000 meters (15:16.56)

15:16.56	Florida Relays .....	13th
15:23.25	Sun Belt Championships.....	11th

### 3,000 meter steeplechase (9:35.73)

9:35.73	Charlotte Invite.....	3rd
9:37.58	Mountaineer Open.....	1st
9:40.22	Sun Belt Championships.....	9th

## TRISTIAN SHAVER -- FR -- THOMASVILLE, N.C.

### Pole Vault (15-9.25)

14-11	Charlotte Invite.....	5th
15-1	War Eagle Invite.....	9th
15-5	Mountaineer Open.....	4th
15-9.25	Sun Belt Championships .....	

**BRANDON SMITH -- FR -- FAYETTEVILLE, N.C.****400 hurdles (53.85)**

55.40	Wake Forest Open .....	9th
53.96	Raleigh Relays .....	18th
53.76	Florida Relays .....	32nd
54.10	Charlotte Invite.....	8th
53.85	War Eagle Invite.....	7th
54.59	Mountaineer Open.....	3rd
54.21	Sun Belt Championships.....	8th

**110 hurdles (15.17)**

15.38	Raleigh Relays .....	NP
15.17	Charlotte Invite.....	14th
15.55	War Eagle Invite.....	24th

**ANDREW SPEAR -- FR -- NEWPORT, N.C.****400 hurdles (53.94)**

56.82	Wake Forest Open .....	13th
53.94	Raleigh Relays .....	17th
54.62	Charlotte Invite.....	9th
54.05	War Eagle Invite.....	8th
54.31	Sun Belt Championships.....	NP
54.44	Sun Belt Championships.....	8th

**110 hurdles (14.63)**

15.75	Raleigh Relays .....	NP
15.46	Florida Relays .....	8th
15.23	Charlotte Invite.....	16th
14.97	War Eagle Invite.....	19th
14.63	Appalachian Open .....	1st
15.07	Sun Belt Championships.....	NP

**PHILLIP THOMAS -- JR -- CARY, N.C.****Pole Vault (16-9.25)**

15-10.50	Wake Forest Open .....	5th
15-7.75	Florida Relays .....	6th
15-11	Charlotte Invite.....	2nd
16-6.75	War Eagle Invite.....	3rd
16-9.25	Sun Belt Championships.....	3rd

**MICHAEL UTECHT -- FR -- APEX, N.C.****Pole Vault (15-1.5)**

15-1	Raleigh Relays .....	3rd
15-1	Mountaineer Open.....	6th
15-1.5	Appalachian Open .....	3rd

**ANDREW VANDENBURG -- SR -- BOONE, N.C.****10,000 meters (30:56.94)**

30:56.94	Raleigh Relays .....	52nd
31:54.37	Sun Belt Championships.....	9th

**5,000 meters (14:58.66)**

14:58.66	Charlotte Invite.....	4th
15:16.45	Sun Belt Championships.....	10th