

2014 MEN'S CROSS COUNTRY RESULTS

Covered Bridge Open – 6,400m, 11 Teams, Team Record 9-1

Kyle McFoy, Jr. (5) 21:08.04 ... **Chris Anderson, So.** (19) 21:32.28 ... **Josh Cox, Sr.** (20) 21:34.94 ... **Evan Laratta, So.** (21) 21:36.04 ... **Grant Rodgers, Fr.** (22) 21:36.48 ... **Michael Ellis, So.** (23) 21:39.34 ... **Cade Zimmerman, Fr.** (42) 22:06.78 ... **Ryan Shannon, Fr.** (44) 22:08.96 ... **Chris Kelly, Fr.** (49) 22:28.72 ... **Tyler Sink, So.** (55) 22:48.21

Team Results – Wake Forest (1) 23 points ... **Appalachian State University** (2) 83 points ... East Tennessee State (3) 90 points ... VMI (4) 92 points ... North Carolina (5) 118 points ... Temple (6) 166 points ... USC Upstate (7) 207 points ... East Carolina (8) 221 points ... Winthrop (9) 231 points ... Charlotte (10) 260 points ... North Carolina State (11) 345 points.

Hyder-McMahill Invitational – 8,000m, Team Record 9-1

Chris Kelly, Fr. (6) 27:51.08 ... **Tyler Sink, So.** (12) 28:30.78

Team Scores – Emmanuel (1) 57 points ... Montreat (2) 81 points ... Tusculum (3) 93 points ... Bob Jones (4) 103 points ... UVA Wise (5) 106 points ... Warren Wilson (6) 128 points ... Southern Wesleyan (7) 132 points ... Columbia International (8) 158 points ... **Appalachian State University** No Team Score

Winthrop/Adidas Invitational – 8,000m, Team Record 12-1

Michael Ellis, So. (1) 25:36.49 ... **Kyle McFoy, Jr.** (3) 25:46.44 ... **Evan Laratta, So.** (4) 25:55.02 ... **Cade Zimmerman, Fr.** (6) 26:00.45 ... **Chris Anderson, So.** (9) 26:13.99 ... **Ryan Shannon, Fr.** (11) 26:37.03 ... **Josh Cox, Sr.** (12) 26:40.61 ... **Chris Kelly, Fr.** (16) 26:58.14 ... **Grant Rodgers, Fr.** (17) 27:07.13 ... **Tyler Sink, So.** (24) 27:42.95

Team Scores – **Appalachian State University** (1) 18 points ... USC Upstate (2) 61 points ... Winthrop (3) 67 points ... Jacksonville State (4) 98 points

USC Upstate Invite – 8,000m, Team Record 18-4

Michael Ellis, So. (5) 25:16.84 ... **Kyle McFoy, Jr.** (8) 25:23.01 ... **Chris Anderson, So.** (22) 25:45.34 ... **Josh Cox, Sr.** (27) 25:50.94 ... **Evan Laratta, So.** (37) 26:21.98 ... **Cade Zimmerman, Fr.** (38) 26:24.48 ... **Ryan Shannon, Fr.** (43) 26:29.98 ... **Tyler Sink, So.** (85) 27:33.17 ... **Grant Rodgers, Fr.** (98) 27:53.21

Team Scores – Wake Forest (1) 36 points ... Georgia Tech (2) 54 points ... North Florida (3) 84 points ... **Appalachian State University** (4) 91 points ... Western Carolina (5) 175 points ... College of Charleston (6) 192 points ... Winthrop (7) 206 points ... USC Upstate (7) 206 points ... UNC Asheville (7) 206 points ... Citadel (10) 281 points

Blue Ridge Open – 6,400m, 9 Teams, Team Record 22-8

Kyle McFoy, Jr. (22) 20:55.20 ... **Josh Cox, Sr.** (23) 20:58.07 ... **Michael Ellis, So.** (24) 20:59.84 ... **Cade Zimmerman, Fr.** (28) 21:08.58 ... **Evan Laratta, So.** (36) 21:22.09 ... **Ryan Shannon, Fr.** (37) 21:22.66 ... **Grant Rodgers, Fr.** (55) 22:06.64 ... **Tyler Sink, So.** (68) 22:42.98 ... **Chris Kelly, Fr.** (73) 23:14.10

Team Scores – High Point (1) 29 points ... Wake Forest (2) 51 points ... Furman B (3) 75 points ... Northern Kentucky (4) 106 points ... **Appalachian State University** (5) 112 points ... East Carolina (6) 163 points ... Coastal Carolina (7) 197 points ... Lenoir-Rhyne (8) 229 points ... Lees-McRae (9) 267 points

Lenoir-Rhyne Open – 8,000m, 6 Teams, Team Record 22-8

Tyler Sink, Fr. (8) 27:42.86 ... **Grant Rodgers, Fr.** (10) 27:51.50 ... **Chris Kelly, Fr.** (21) 28:40.27

Team Scores – Lenoir-Rhyne (1) 33 points ... Tusculum (2) 69 points ... Anderson (S.C.) (3) 76 points ... Mars Hill (4) 91 points ... Catawba (5) 99 points ... Lees-McRae (6) 110 points ... **Appalachian State University** No Team Score

Sun Belt Conference Championships – 8,000m, 9 Teams, Team Record 29-9

Kyle McFoy, Jr. (5) 24:47.40 ... **Michael Ellis, So.** (7) 24:55.80 ... **Chris Anderson, So.** (11) 25:13.10 ... **Josh Cox, Sr.** (15) 25:20.80 ... **Daniel Ellis, Fr.** (17) 25:29.60 ... **Cade Zimmerman, Fr.** (31) 26:26.50 ... **Ryan Shannon, Fr.** (32) 26:28.80 ... **Evan Laratta, So.** (34) 26:32.50

Team Scores – South Alabama (1) 53 points ... **Appalachian State University (2) 55 points** ... UT Arlington (3) 61 points ... UL Lafayette (4) 90 points ... UALR (5) 130 points ... Texas State (6) 152 points ... Arkansas State (7) 157 points ... UL Monroe (8) 201 points ... Troy (9) 249 points

Three Stripe Invite – 5,000m, 5 Teams, Team Record 29-9

Chris Kelly, Fr. (19) 16:01.75 ... **Tyler Sink, Fr.** (23) 16:11.33

Team Scores – Duke (1) 22 points ... East Carolina (2) 47 points ... High Point (3) 64 points ... Gardner-Webb (4) 114 points ... **Appalachian State University (No Place) NTS**

NCAA Southeast Regional – 10,000m, 33 Teams, Team Record 51-19

Michael Ellis, So. (38) 31:10.5 ... **Chris Anderson, So.** (63) 31:43 ... **Kyle McFoy, Jr.** (75) 31:52 ... **Josh Cox, Sr.** (78) 31:53.6 ... **Evan Laratta, So.** (125) 32:44.8 ... **Cade Zimmerman, Fr.** (131) 32:47.7 ... **Ryan Shannon, Fr.** (150) 33:18.2

Team Scores – Virginia (1) 75 points ... Furman (2) 79 points ... North Carolina (3) 87 points ... Eastern Kentucky (4) 107 points ... NC State (5) 142 points ... Virginia Tech (6) 157 points ... High Point (7) 218 points ... Louisville (8) 224 points ... Kentucky (9) 261 points ... Wake Forest (10) 354 points ... **Appalachian State University** (11) 368 points ... William & Mary (12) 371 points ... George Mason (13) 398 points ... Richmond (14) 432 points ... Liberty (15) 433 points ... Clemson (16) 439 points ... VMI (17) 442 points ... Davidson (18) 509 points ... Elon (19) 560 points ... Morehead State (20) 608 points ... Charlotte (21) 619 points ... Western Kentucky (22) 650 points ... College of Charleston (23) 671 points ... Campbell (24) 676 points ... USC Upstate (25) 703 points ... UNCW (26) 760 points ... Murray State (27) 766 points ... Western Carolina (28) 803 points ... UNCG (29) 845 points ... Longwood (30) 906 points ... Radford (31) 909 points ... Winthrop (32) 927 points ... Presbyterian (33) 1090 points